

Gentle Chair Exercise Word Search for Seniors

15 x 15 word search - Extreme



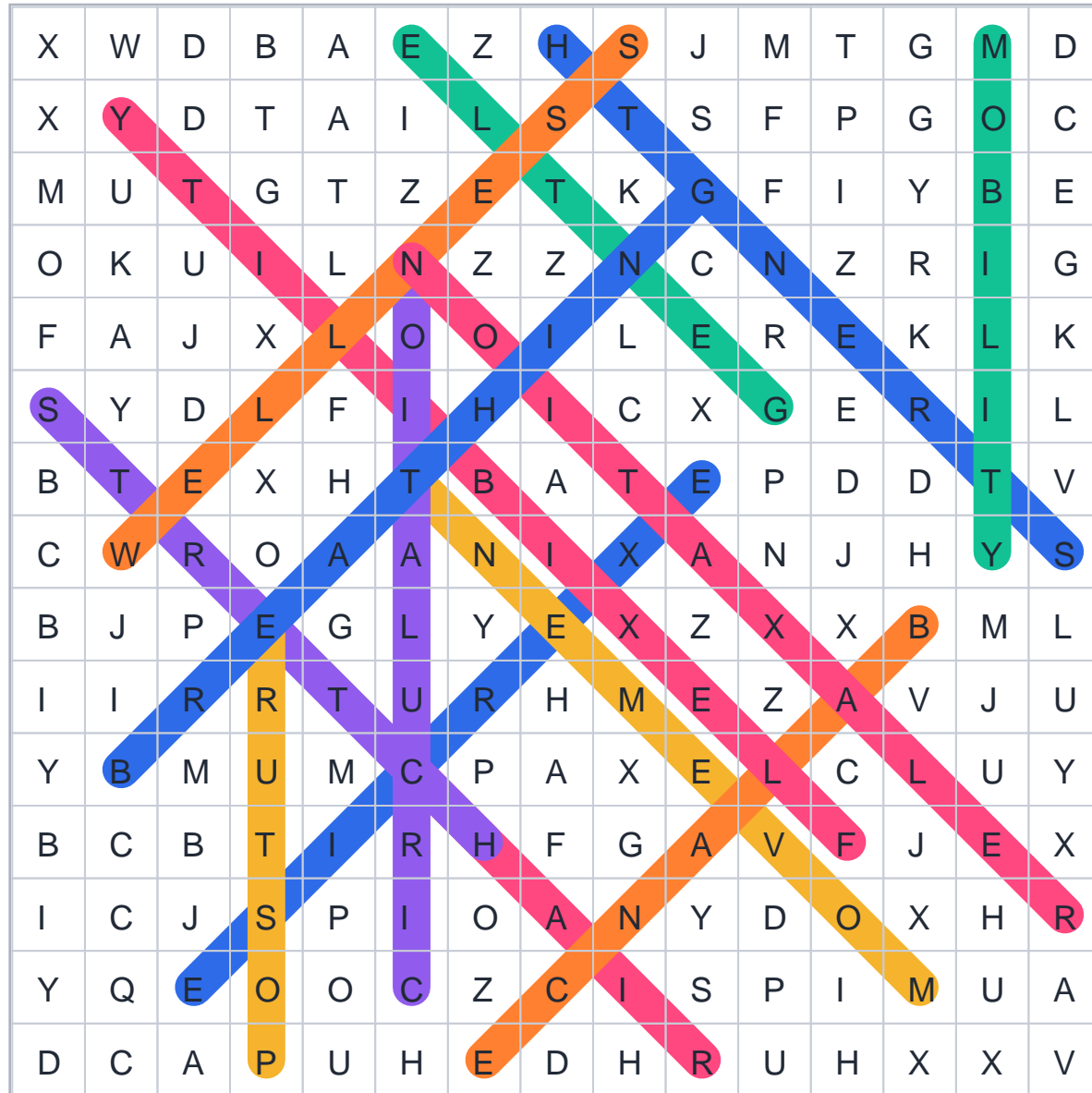
X	W	D	B	A	E	Z	H	S	J	M	T	G	M	D
X	Y	D	T	A	I	L	S	T	S	F	P	G	O	C
M	U	T	G	T	Z	E	T	K	G	F	I	Y	B	E
O	K	U	I	L	N	Z	Z	N	C	N	Z	R	I	G
F	A	J	X	L	O	O	I	L	E	R	E	K	L	K
S	Y	D	L	F	I	H	I	C	X	G	E	R	I	L
B	T	E	X	H	T	B	A	T	E	P	D	D	T	V
C	W	R	O	A	A	N	I	X	A	N	J	H	Y	S
B	J	P	E	G	L	Y	E	X	Z	X	X	B	M	L
I	I	R	R	T	U	R	H	M	E	Z	A	V	J	U
Y	B	M	U	M	C	P	A	X	E	L	C	L	U	Y
B	C	B	T	I	R	H	F	G	A	V	F	J	E	X
I	C	J	S	P	I	O	A	N	Y	D	O	X	H	R
Y	Q	E	O	O	C	Z	C	I	S	P	I	M	U	A
D	C	A	P	U	H	E	D	H	R	U	H	X	X	V

WORDS

CHAIR
EXERCISE
GENTLE
MOVEMENT
STRETCH
BALANCE
FLEXIBILITY
STRENGTH
MOBILITY
POSTURE
CIRCULATION
WELLNESS
RELAXATION
BREATHING

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WORDS

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- EXERCISE
- GENTLE
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