Mindfulness & Stress Relief Word Search Puzzle

15 x 15 word search - Hard

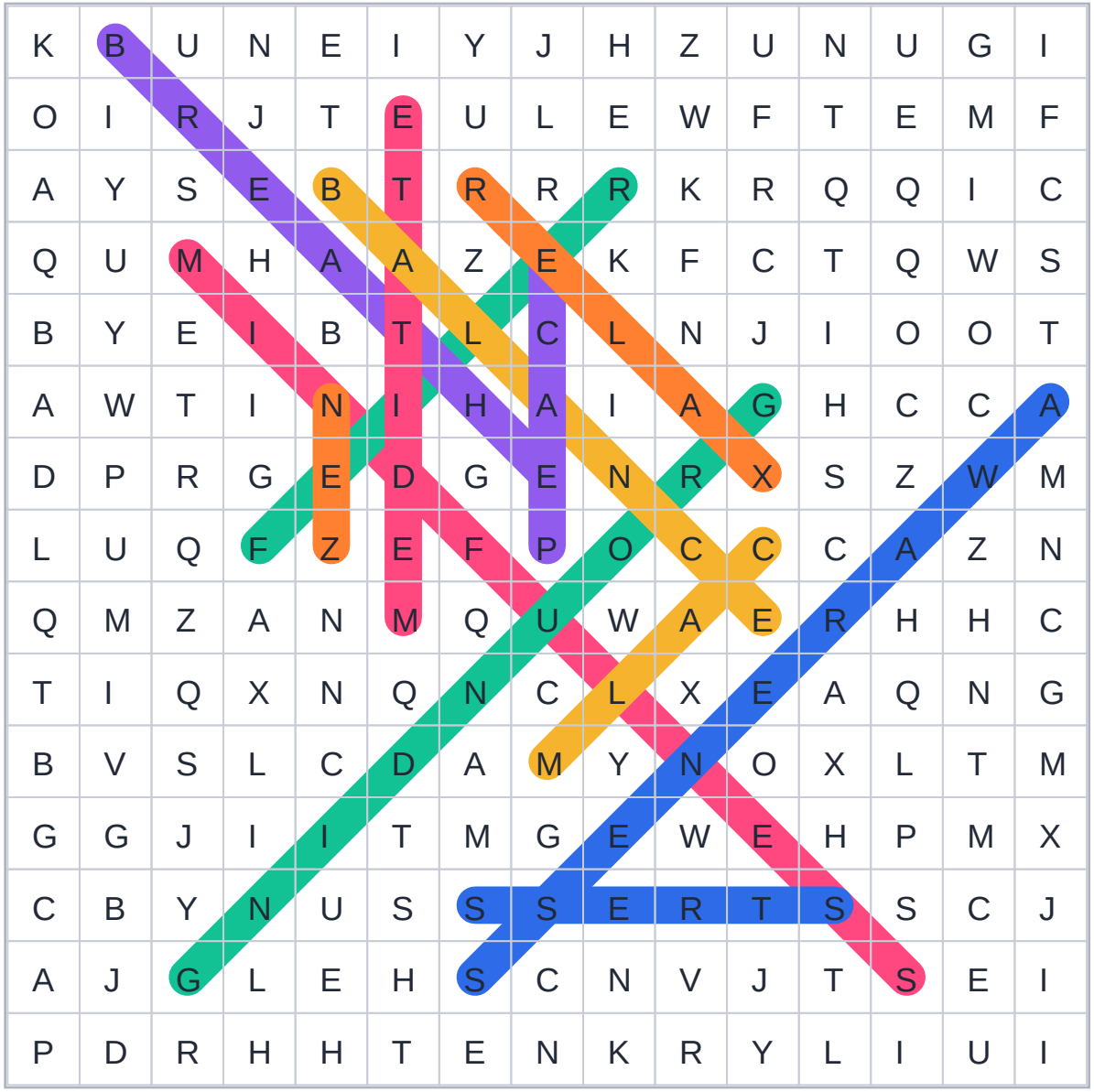
K	B	U	N	E	I	Y	J	H	Z	U	N	U	G	I
O	I	R	J	T	E	U	L	E	W	F	T	E	M	F
A	Y	S	E	B	T	R	R	R	K	R	Q	Q	I	C
Q	U	M	H	A	A	Z	E	K	F	C	T	Q	W	S
B	Y	E	I	B	T	L	C	L	N	J	I	O	O	T
A	W	T	I	N	I	H	A	I	A	G	H	C	C	A
D	P	R	G	E	D	G	E	N	R	X	S	Z	W	M
L	U	Q	F	Z	E	F	P	O	C	C	C	A	Z	N
Q	M	Z	A	N	M	Q	U	W	A	E	R	H	H	C
T	I	Q	X	N	Q	N	C	L	X	E	A	Q	N	G
B	V	S	L	C	D	A	M	Y	N	O	X	L	T	M
G	G	J	I	I	T	M	G	E	W	E	H	P	M	X
C	B	Y	N	U	S	S	S	E	R	T	S	S	C	J
A	J	G	L	E	H	S	C	N	V	J	T	S	E	I
P	D	R	H	H	T	E	N	K	R	Y	L	I	U	I

WORDS

MINDFULNESS
STRESS
RELIEF
CALM
BREATHE
ZEN
MEDITATE
AWARENESS
GROUNDING
BALANCE
PEACE
RELAX

Mindfulness & Stress Relief Word Search Puzzle

15 x 15 word search - Hard



K	B	U	N	E	I	Y	J	H	Z	U	N	U	G	I
O	I	R	J	T	E	U	L	E	W	F	T	E	M	F
A	Y	S	E	B	T	R	R	R	K	R	Q	Q	I	C
Q	U	M	H	A	A	Z	E	K	F	C	T	Q	W	S
B	Y	E	I	B	T	L	C	L	N	J	I	O	O	T
A	W	T	I	N	I	H	A	I	A	G	H	C	C	A
D	P	R	G	E	D	G	E	N	R	X	S	Z	W	M
L	U	Q	F	Z	E	F	P	O	C	C	C	A	Z	N
Q	M	Z	A	N	M	Q	U	W	A	E	R	H	H	C
T	I	Q	X	N	Q	N	C	L	X	E	A	Q	N	G
B	V	S	L	C	D	A	M	Y	N	O	X	L	T	M
G	G	J	I	I	T	M	G	E	W	E	H	P	M	X
C	B	Y	N	U	S	S	S	E	R	T	S	S	C	J
A	J	G	L	E	H	S	C	N	V	J	T	S	E	I
P	D	R	H	H	T	E	N	K	R	Y	L	I	U	I

WORDS

MINDFULNESS
STRESS
RELIEF
CALM
BREATHE
ZEN
MEDITATE
AWARENESS
GROUNDING
BALANCE
PEACE
RELAX