

Mindfulness & Stress Relief Daily Word Search

9 x 9 word search - Medium



G	B	V	K	F	O	C	U	S
P	R	E	S	E	N	T	M	H
D	E	A	W	A	R	E	D	B
S	A	A	T	T	D	A	H	A
E	T	P	C	I	R	L	Q	L
R	H	H	T	E	T	U	E	A
E	C	A	L	M	I	U	V	N
N	T	A	I	E	H	G	D	C
E	X	S	T	S	X	L	P	E

WORDS

CALM

BREATH

FOCUS

RELAX

PEACE

SERENE

AWARE

PRESENT

BALANCE

QUIET

MEDITATE

GRATITUDE

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