

Gentle Chair Exercise Word Search for Seniors

9 x 9 word search - Medium



M	O	V	E	M	E	N	T	J
P	E	A	S	O	B	H	W	J
O	X	C	T	B	A	E	S	G
S	E	T	R	I	L	A	T	E
T	R	I	E	L	A	L	R	N
U	C	V	N	I	N	T	E	T
R	I	E	G	T	C	H	T	L
E	S	K	T	Y	E	Y	C	E
S	E	C	H	A	I	R	H	I

WORDS

CHAIR

EXERCISE

GENTLE

MOVEMENT

STRETCH

BALANCE

STRENGTH

MOBILITY

WELLNESS

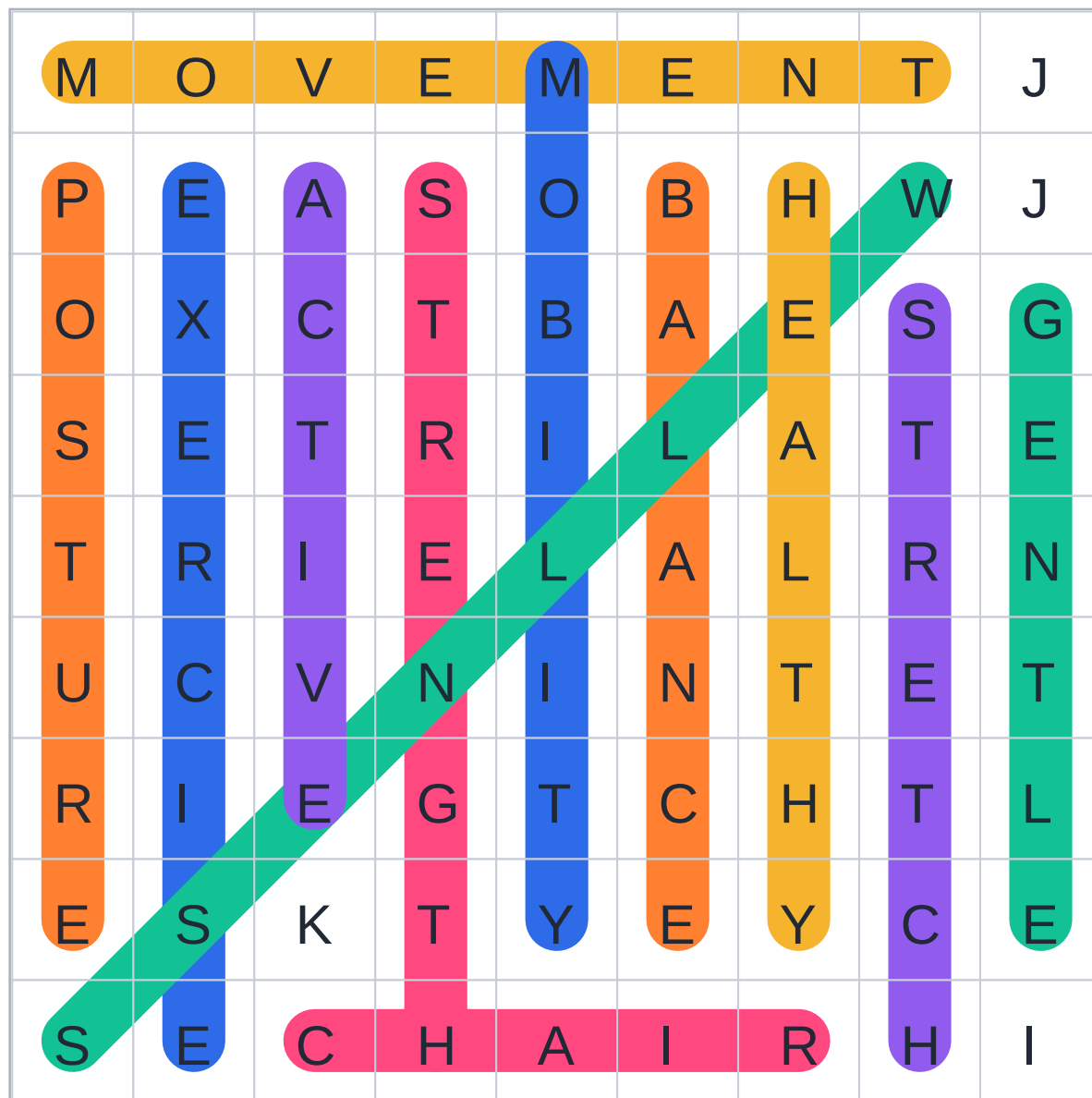
HEALTHY

ACTIVE

POSTURE

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