

Gentle Chair Exercise Word Search for Seniors

9 x 9 word search - Medium



S	M	O	T	I	O	N	T	L
B	A	L	A	N	C	E	E	M
C	H	A	I	R	C	G	O	P
G	F	J	Z	O	S	B	O	X
E	X	E	R	C	I	S	E	Z
N	H	E	A	L	T	H	N	Z
T	V	J	I	U	A	R	M	S
L	S	T	R	E	T	C	H	F
E	Y	E	A	X	S	Q	N	I

WORDS

CHAIR

EXERCISE

GENTLE

MOTION

STRETCH

BALANCE

ARMS

LEGS

CORE

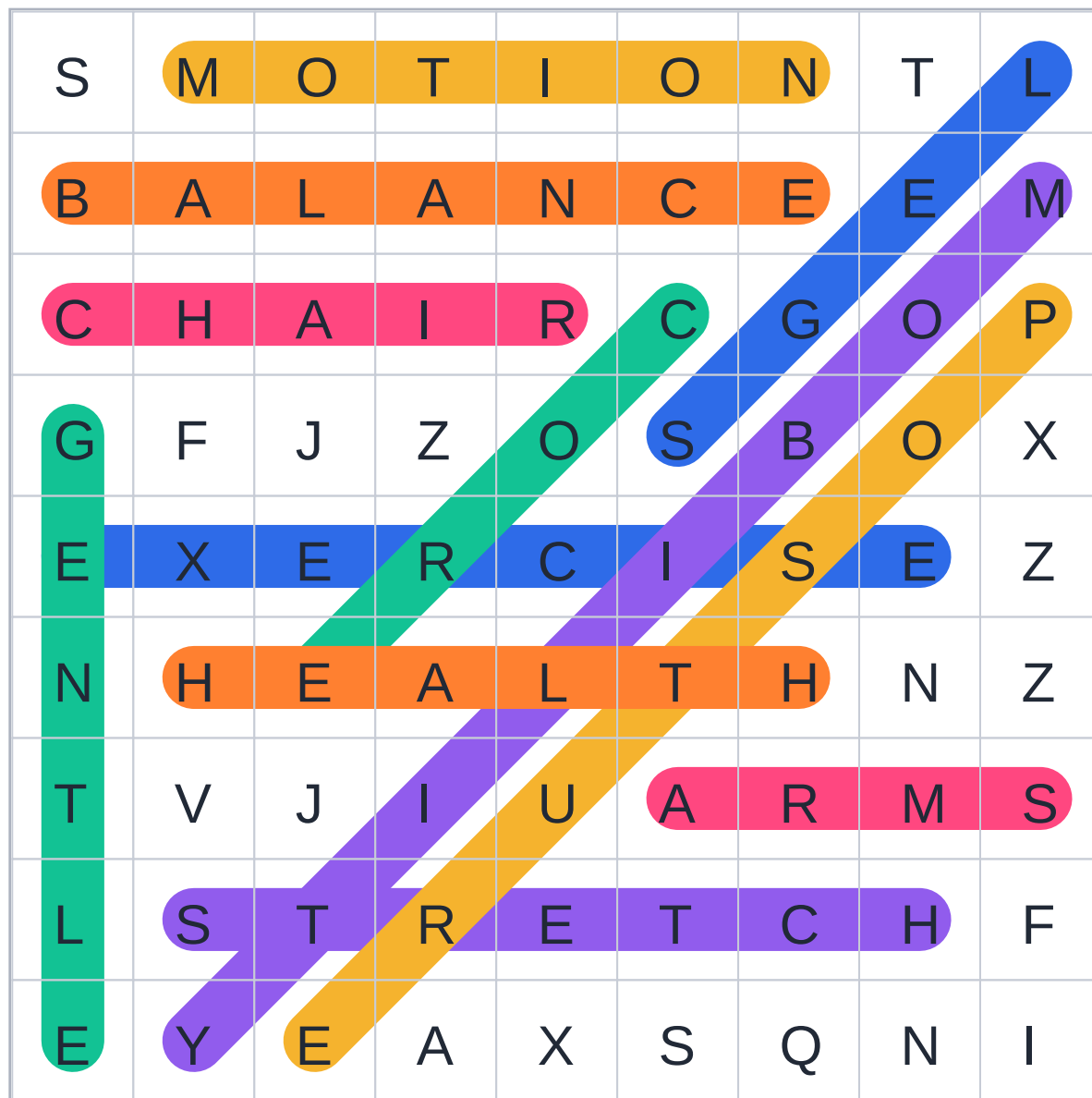
POSTURE

MOBILITY

HEALTH

Gentle Chair Exercise Word Search for Seniors

9 x 9 word search - Medium



WORDS

CHAIR
EXERCISE
GENTLE
MOTION
STRETCH
BALANCE
ARMS
LEGS
CORE
POSTURE
MOBILITY
HEALTH