Gentle Chair Exercise Word Search for Seniors

13 x 13 word search - Extreme

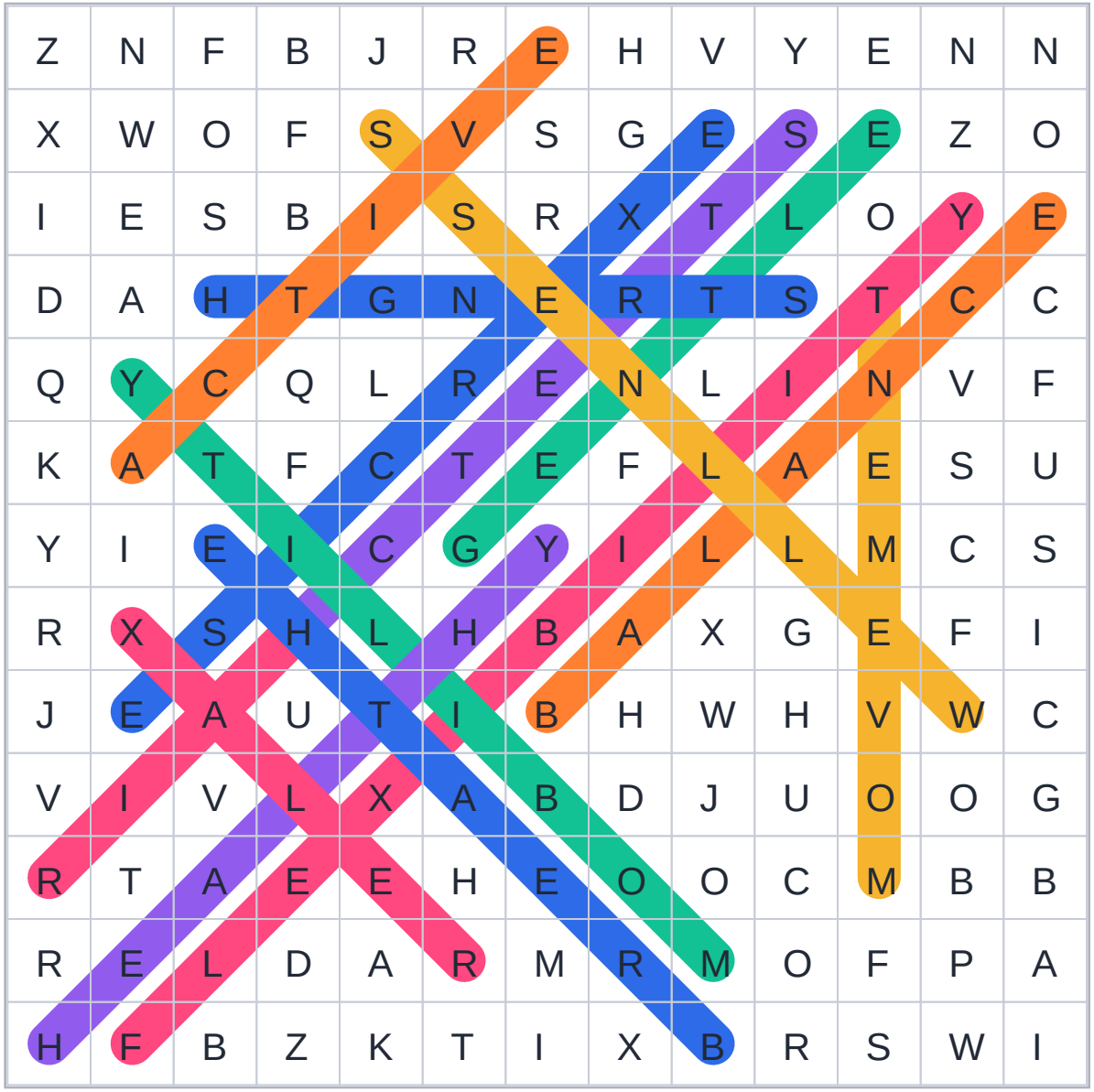
Z	N	F	B	J	R	E	H	V	Y	E	N	N
X	W	O	F	S	V	S	G	E	S	E	Z	O
I	E	S	B	I	S	R	X	T	L	O	Y	E
D	A	H	T	G	N	E	R	T	S	T	C	C
Q	Y	C	Q	L	R	E	N	L	I	N	V	F
K	A	T	F	C	T	E	F	L	A	E	S	U
Y	I	E	I	C	G	Y	I	L	L	M	C	S
R	X	S	H	L	H	B	A	X	G	E	F	I
J	E	A	U	T	I	B	H	W	H	V	W	C
V	I	V	L	X	A	B	D	J	U	O	O	G
R	T	A	E	E	H	E	O	O	C	M	B	B
R	E	L	D	A	R	M	R	M	O	F	P	A
H	F	B	Z	K	T	I	X	B	R	S	W	I

WORDS

CHAIR
EXERCISE
GENTLE
MOVEMENT
STRETCH
BALANCE
FLEXIBILITY
STRENGTH
MOBILITY
WELLNESS
HEALTHY
ACTIVE
RELAX
BREATHE

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Z	N	F	B	J	R	E	H	V	Y	E	N	N
X	W	O	F	S	V	S	G	E	S	E	Z	O
I	E	S	B	I	S	R	X	T	L	O	Y	E
D	A	H	T	G	N	E	R	T	S	T	C	C
Q	Y	C	Q	L	R	E	N	L	I	N	V	F
K	A	T	F	C	T	E	F	L	A	E	S	U
Y	I	E	I	C	G	Y	I	L	L	M	C	S
R	X	S	H	L	H	B	A	X	G	E	F	I
J	E	A	U	T	I	B	H	W	H	V	W	C
V	I	V	L	X	A	B	D	J	U	O	O	G
R	T	A	E	E	H	E	O	O	C	M	B	B
R	E	L	D	A	R	M	R	M	O	F	P	A
H	F	B	Z	K	T	I	X	B	R	S	W	I

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