

# Gentle Chair Exercise Word Search for Seniors

13 x 13 word search - Hard



|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | J | M | P | S | B | Q | M | X | I | K | E | E |
| O | M | K | W | W | T | O | O | W | R | S | S | C |
| Z | R | O | Q | G | B | R | E | W | I | U | I | N |
| Z | X | E | V | I | G | A | E | E | S | R | C | A |
| Q | D | T | L | E | W | V | F | T | C | I | R | L |
| B | D | I | N | A | M | E | R | U | C | A | E | A |
| K | T | T | C | K | X | E | L | J | B | H | X | B |
| Y | L | U | X | G | N | A | N | L | N | C | E | H |
| E | G | K | T | G | T | B | T | T | N | W | E | N |
| Y | B | Y | T | I | L | I | B | I | X | E | L | F |
| W | V | H | O | A | R | Q | E | Q | O | S | S | R |
| H | V | N | O | Q | V | L | M | O | I | N | P | S |
| P | L | H | P | V | N | S | M | H | C | U | Z | F |

WORDS

CHAIR

EXERCISE

GENTLE

MOVEMENT

STRETCH

BALANCE

FLEXIBILITY

STRENGTH

CIRCULATION

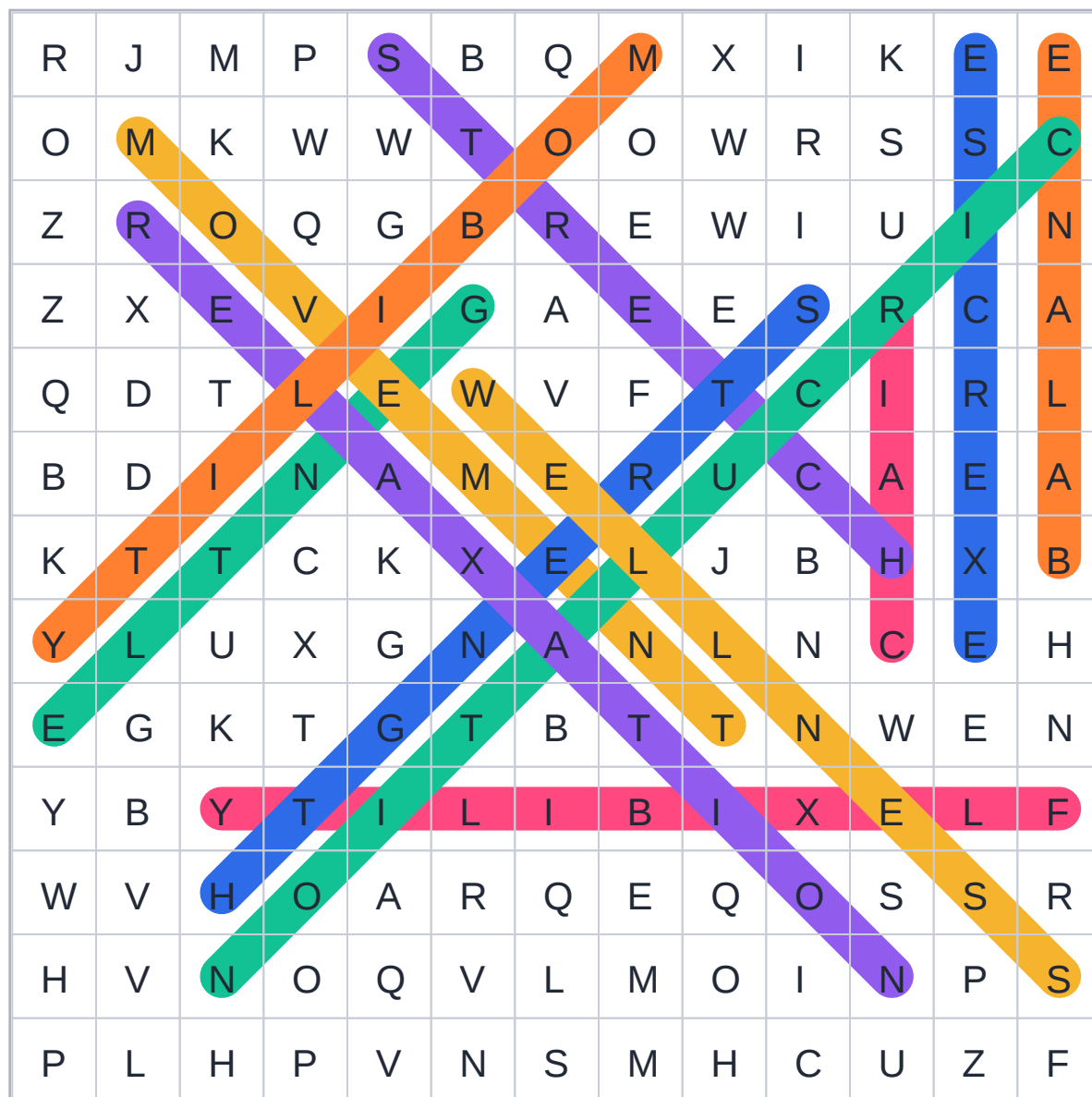
WELLNESS

RELAXATION

MOBILITY

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## WORDS

CHAIR  
EXERCISE  
GENTLE  
MOVEMENT  
STRETCH  
BALANCE  
FLEXIBILITY  
STRENGTH  
CIRCULATION  
WELLNESS  
RELAXATION  
MOBILITY