

Gentle Chair Exercise Word Search for Seniors

9 x 9 word search - Medium



W	S	B	A	L	A	N	C	E
E	T	S	E	G	C	D	P	M
L	R	T	X	E	H	U	O	O
L	E	R	E	N	A	B	S	V
N	T	E	R	T	I	A	T	E
E	C	N	C	L	R	R	U	M
S	H	G	I	E	N	M	R	E
S	C	T	S	E	A	S	E	N
Y	Y	H	E	A	L	T	H	T

WORDS

CHAIR

EXERCISE

GENTLE

STRETCH

BALANCE

STRENGTH

MOBILITY

HEALTH

WELLNESS

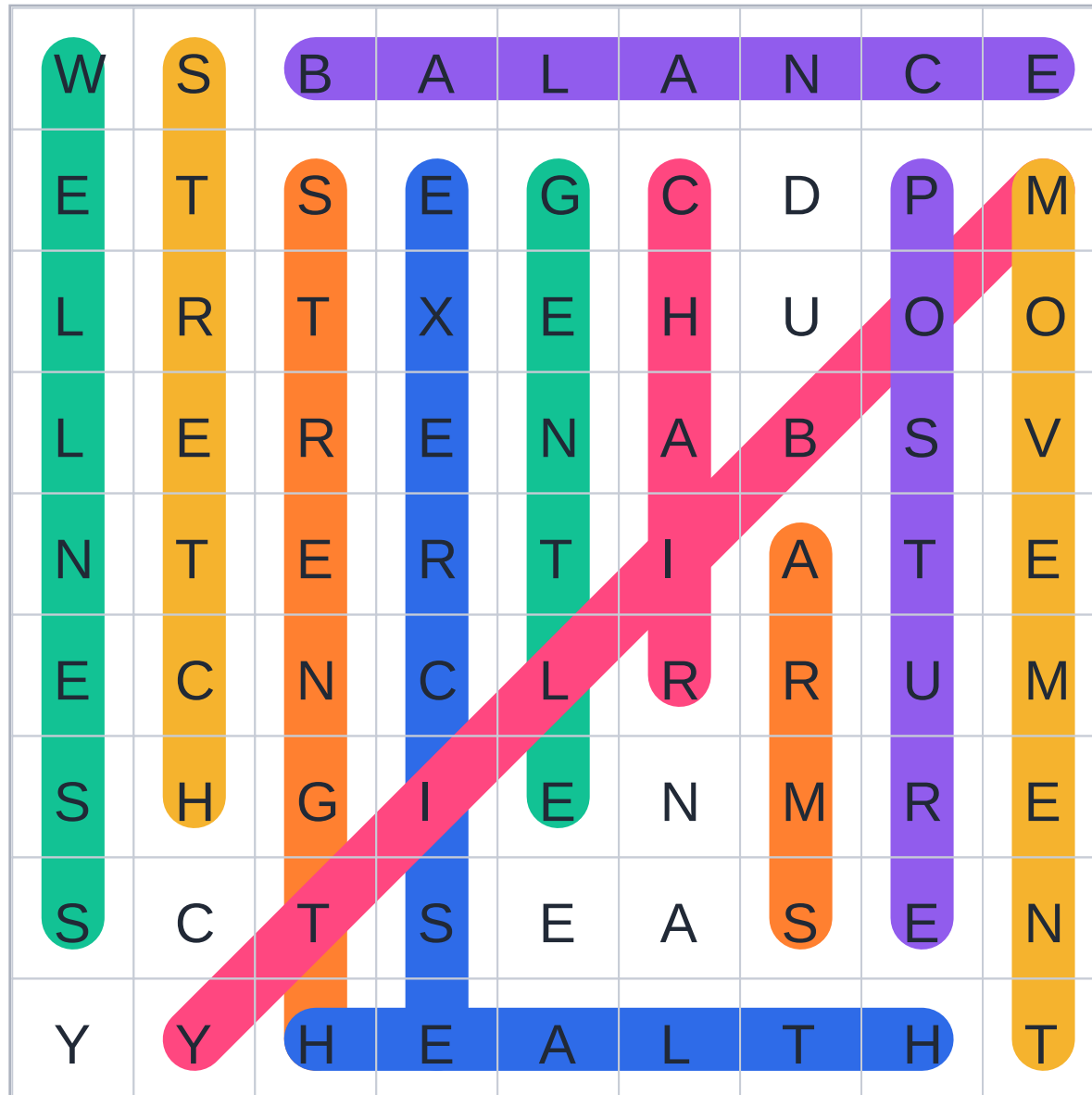
MOVEMENT

POSTURE

ARMS

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